



MYSTIC ART RETREATS  
PRESENTS



# The Emergence of Lakṣmī

Awakening the Goddess of Beauty,  
Abundance and Sweetness in the Island of Śrī

FEB 11 - FEB 22 2027  
SRILANKA

MYSTIC ART RETREATS

PRESENTS

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FEBRUARY 12 – FEBRUARY 22

A 10-NIGHT / 11-DAY IMMERSIVE RETREAT

SRI LANKA

# The Emergence of Lakṣmī

February 12 – February 22 | Sri Lanka

A 10-Night / 11-Day Immersive Retreat

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*Awakening the Goddess of Beauty, Abundance and Sweetness in the Island of Śrī*

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## ABOUT THIS JOURNEY

The word Śrī means splendour, beauty or majesty. Though often used as a title of honour it is also the name of the Goddess Lakṣmī – she who represents abundance, reciprocity and sustainability. While frequently invoked for her capacity to shower material wealth, Lakṣmī is also understood to grant the yogic inner qualities of contentment (*samtoṣa*) and deep faith or confidence (*śraddhā*). As the goddess who is often portrayed as eternally showered by elephants, Lakṣmī can be said to symbolize the very juice of life. When she is present, life is sweet. When she is absent, we feel depleted.

In this retreat, in the abode of Śrī, we will restore the presence of Lakṣmī in our lives through exposure to all things nurturing and beautiful. And what better place to do so than on the island of Śrī? The ancient lands of Sri Lanka pulse with her presence through gentle, yet breathtaking beauty and as the location where the stories of the Rāmāyaṇa unfold. Here, Sītā, Lakṣmī's earthly avatar, endured captivity in Rāvaṇa's realm, her unyielding love transforming suffering into dharma's triumph. From the gardens (*Aśoka vāṭikā*) where Sītā waited for her beloved to the vibrant temples (*devālaya*) where Sinhala Buddhists and Tamil Hindus alike invoke the goddess for prosperity, this sacred island weaves the manifestation of Lakṣmī into its very soil.

The Emergence of Lakṣmī is an 11-day immersive retreat braiding Lakṣmī-centric philosophy and mythology (drawing from textual sources such as the *Lakṣmī Tantra* and the *Rāmāyaṇa*), sacred geometry teachings, restorative yogic practices, and cultural immersion across Sri Lanka's most revered Lakṣmī temples. We will journey through coastal sanctuaries, hill-country Rāmāyaṇa sites, and syncretic shrines, treating each *darśana* (to see and be seen by the deity) as both meditation and invocation, fostering inner abundance amid Lanka's emerald landscapes.

This retreat invites participants to experience prosperity as something that lives not merely in gold and grain, but most importantly in the heart's capacity for grace, gratitude, and generosity.

This retreat combines:

- Lakṣmī-centred philosophy, mythology and devotional storytelling
- Sacred geometry teachings and Lakṣmī Yantra creation
- Restorative yogic practices including movement, mantra and meditation
- Cultural immersion across Sri Lanka's most revered Lakṣmī and Rāmāyaṇa temples and sacred sites
- Nutritious vegetarian/vegan Sri Lankan and World Cuisine
- Luxurious hotels (offering spa and wellness services for those who wish)

## LAKṢMĪ IN SRI LANKA: THE SACRED CONNECTION

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The connection between Devī Lakṣmī and Sri Lanka runs deep through mythology, history, and living worship traditions that span both Hindu and Buddhist communities. First and foremost, the island features many sites found within the Vaiṣṇava epic Rāmāyaṇa, such as the Seetha Amman Temple in Nuwara Eliya (known as the only temple in the world dedicated exclusively to Sītā), the Divurumpola (where Sītā is believed to have undergone her *agni parikṣā*, or trial by fire) and the gardens where Sītā is said to have first met her greatest devotee – Hanumān, turning Sri Lanka into a living pilgrimage map of Lakṣmī’s earthly form.

Lakṣmī worship in Sri Lanka also reflects profound cultural integration, as its form of Theravada Buddhism incorporates goddess worship, especially of Lakṣmī, through centuries of South Indian influence from the Chola dynasty. Lakṣmī shrines thus coexist with Buddhist temples, sharing rituals like lighting lamps and offering lotus flowers. In many Sinhala Buddhist homes, Lakṣmī images appear alongside the Buddha to assure wealth, health, and auspiciousness.

### Temple Traditions

Sri Lanka hosts several significant Lakṣmī temples serving Tamil Hindu and broader devotional communities. Key sites include Aishwarya Lakshmi Amman Kovil in Colombo, dedicated to the goddess of wealth and prosperity; Sri Lakshmi Narayana Perumal temples in Trincomalee and Nilaveli, where Lakṣmī is worshipped alongside her eternal consort Viṣṇu; and Lakshmi Devalaya in Kataragama, part of a multi-faith pilgrimage complex where Buddhists and Hindus seek her blessings for material and spiritual abundance.

### Cultural and Historical Significance

The Chola Empire’s influence on Sri Lanka during the 10th to 13th centuries CE introduced Dravidian architectural styles, temple rituals, and Devī-centric devotion to the island. Lakṣmī, symbolizing royal prosperity and cosmic order, was venerated by both Hindu kings and Buddhist rulers. Ancient coins and inscriptions across the island depict Lakṣmī iconography, particularly the Gaja Lakṣmī motif of elephants anointing the goddess, testifying to her deep-rooted presence in Sri Lankan civilization.

In this yātrā, we honor these interwoven devotional threads, allowing the island itself to become a teacher in the art of awakening śrī.

## BRINGING FORTH ŚRĪ THROUGH THE TEACHINGS OF LAKṢMĪ

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The depth of this Śrī Lakṣmī yātrā rests in the expertise of two complementary teachers who bring profound wisdom, practical guidance, and spiritual depth to this sacred journey.

### **Tova Olsson**

*Lakṣmī Sādhana and Śakta Tantra*

Tova Olsson brings her deep knowledge of the goddess tradition, her decades of experience as a yoga teacher, and her gift for devotional storytelling to the retreat. Her teachings will explore Lakṣmī through multiple lenses, from scriptural studies and mythological stories that inspire awe, recognition and devotion, to yogic practices that awaken an auspicious state of mind and restore vitality in the body.

### **Lakṣmī as Śrī: The Principle of Auspiciousness**

Tova's teachings will illuminate:

- Lakṣmī's historical development, from the Vedic Śrī, to the lotus goddess of the Purāṇic tradition, to the Tantric kuṇḍalinī śakti
- The stories of Lakṣmī (and her incarnations as the selfless Sītā and the sensual Rādhā)
- How we can invoke the presence of Lakṣmī in our lives through *sādhana*

Participants will learn to churn forth *śrī* through yogic practices of movement, mantra and meditation while allowing the myths and philosophical teachings to remind them that the sacred stories really take place inside each one of us.

### **Mavis Gewant**

*Lakṣmī Yantra*

Mavis Gewant brings her sacred artistry, decades of experience as a painter in the Harish Johari tradition, and her deep understanding of yantras to the retreat. Her offerings will guide participants into the meditative practice of sacred geometry through colour and form, inviting inner stillness, devotion, and harmony. Through the creation of Yantras and Mandalas, Mavis will illuminate how art becomes a pathway to balance, beauty, and communion with the sacred.

### **Lakṣmī Yantra: Geometry of Auspiciousness**

Mavis's teachings illuminate:

- The structure and symbolism of the Lakṣmī Yantra as a tool to awaken *śrī*
- How sacred geometry functions as a gateway to inner transformation
- Practical techniques for making a yantra

## DAY-BY-DAY ITINERARY



## **Day 1 – February 12: Arrival in Colombo**

*Welcome to the Island of Śrī*

Arrive at Bandaranaike International Airport, Colombo. You will be met by our representative and transferred to your hotel. After check-in and time to rest and refresh from your journey, we gather in the evening for a welcome dinner and orientation session.

Tova will introduce the themes and intentions of this Lakṣmī yātrā, sharing the mythological and philosophical framework that will guide our journey. Mavis will present an overview of the Lakṣmī Yantra tradition and the sacred art practices we will explore across the coming days. We shall review the exciting journey ahead through the sacred island of Śrī Laṅkā.

**Overnight:** Colombo (4-star plus hotel)

**Meals:** Dinner

## **Day 2 – February 13: Colombo – Invoking Lakṣmī**

*The Goddess in the City of Prosperity*

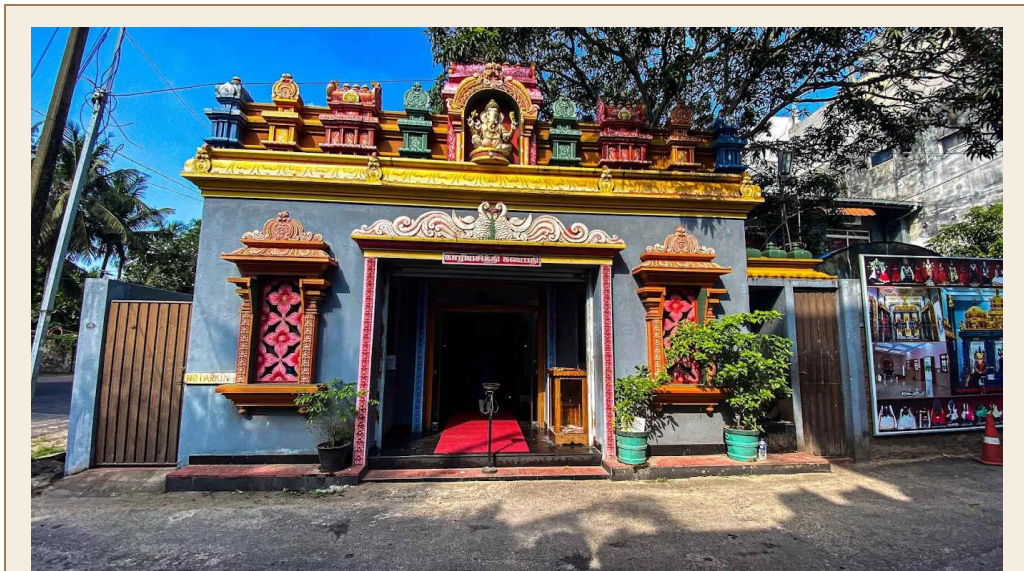
Tova will lead a gentle morning yoga session followed by breakfast. After breakfast, Tova will offer a lecture on Lakṣmī's historical development, from the Vedic Śrī, to the lotus goddess of the Purāṇic tradition, to the Tantric kuṇḍalinī śakti. We will also invoke the presence of the Goddess for our journey ahead.

In the afternoon, we visit the **Aishwarya Lakshmi Amman Kovil**, Colombo's principal temple dedicated to the goddess of wealth and prosperity. Here we receive our first *darśana* of the retreat, experiencing the vibrant Tamil Hindu devotional traditions that have thrived in this port city for centuries.

Evening: Mavis introduces the foundational principles of the structure of the Lakṣmī Yantra. Participants receive their materials and begin preliminary exercises.

**Overnight:** Colombo (4-star plus hotel)

**Meals:** Breakfast, lunch, dinner



**Aishwarya Lakshmi Amman Kovil, Colombo**

### **Day 3 – February 14: Colombo to Kandy**

*Into the Hill Country – The Heart of the Island*

Tova will teach a gentle yoga session in the morning. After breakfast, we depart Colombo for Kandy (approximately 3–4 hours), Sri Lanka’s cultural capital nestled in the lush central highlands. En route, we stop at the Pinnawala area to stretch our legs amid the verdant landscape.

Upon arrival in Kandy, check into our hotel overlooking the serene Kandy Lake. In the afternoon, we visit the **Temple of the Sacred Tooth Relic (Sri Dalada Maligawa)**, the island’s most venerated Buddhist shrine. Here we observe how Lakṣmī iconography and lotus symbolism are woven into Buddhist devotional art – a living testament to the syncretic worship traditions in the island.

Evening teaching session with Tova: the story of Sītā from the *Rāmāyaṇa* – Lakṣmī’s earthly avatar and the mythic thread that binds our entire journey through Sri Lanka.

**Overnight:** Kandy (heritage hotel)

**Meals:** Breakfast, lunch, dinner



**Temple of the Sacred Tooth Relic (Sri Dalada Maligawa), Kandy**

### **Day 4 – February 15: Kandy – Yantra Workshop and Royal Gardens**

*Sacred Geometry Begins*

Tova will teach a gentle morning yoga session. After breakfast, we will begin our intensive Lakṣmī Yantra workshop with Mavis. In a dedicated studio space, she introduces the traditional materials and techniques of yantra painting in the Harish Johari tradition. Participants learn to prepare surfaces and begin constructing the geometric foundations of the Lakṣmī Yantra.

After lunch, we visit the **Royal Botanical Gardens at Peradeniya**, one of the finest tropical gardens in the world. One may recognise yantra patterns in the natural world with the spiral of a fern frond, the radial symmetry of a lotus blossom, the concentric geometry of a tree's growth rings – discovering how Lakṣmī's geometric signature appears throughout the landscape.

**Overnight:** Kandy (heritage hotel)

**Meals:** Breakfast, lunch, dinner



Royal Botanical Gardens at Peradeniya

## Day 5 – February 16: Kandy to Nuwara Eliya

*The Rāmāyaṇa Trail – Where Sītā Walked*

After a morning yoga practice with Tova followed by breakfast, we depart for Nuwara Eliya (approximately 3 hours), climbing through spectacular tea plantations and misty mountain passes into Sri Lanka's hill country.

Upon arrival, we visit the **Seetha Amman Temple** – believed to be the only temple in the world dedicated exclusively to Sītā. Situated beside a stream where Sītā is said to have bathed during her captivity, this small but profoundly moving temple marks the location of the *Aśoka Vāṭikā*, the garden where Rāvaṇa held Sītā. Rock formations near the temple are said to bear the footprints of Hanumān.

Evening: Tova leads a meditation session on Sītā as the embodiment of *śraddhā* (faith) – the inner quality of Lakṣmī that sustains us through life's trials.

**Overnight:** Nuwara Eliya (hill country hotel)

**Meals:** Breakfast, lunch, dinner



Seetha Amman Temple, Nuwara Eliya

## Day 6 – February 17: Nuwara Eliya – Divurumpola and Sacred Art

### *The Trial by Fire and the Yantra Deepens*

After morning yoga practice with Tova followed by breakfast, we visit **Divurumpola**, the sacred site where Sītā is believed to have undergone her *agni parikṣā* (trial by fire), proving her purity after her rescue from Rāvaṇa. This is one of the most emotionally powerful sites on the Rāmāyaṇa trail, and Tova will lead us in reflection on the deeper meaning of this episode.

Afternoon: Mavis continues the Lakṣmī Yantra workshop. Building on the geometric foundations established in Kandy, participants begin layering colour in the Harish Johari tradition. Mavis provides individual guidance as each student's yantra begins to take its unique form.

Evening at leisure to explore Nuwara Eliya's colonial hill-station atmosphere, or rest and journal in the cool mountain air.

**Overnight:** Nuwara Eliya (hill country hotel)

**Meals:** Breakfast, lunch, dinner

## Day 7 – February 18: Nuwara Eliya to the Southern Coast

### *From Mountains to Sea – The Abundance of Lanka*

After a gentle yoga practice with Tova and breakfast, we descend from the highlands towards Sri Lanka's lush southern coast (approximately 5 hours). The journey itself becomes a meditation on abundance as we pass through tea estates, spice gardens, and tropical forests teeming with life.

En route, we stop at a traditional spice garden to learn about Sri Lanka's legendary spice trade – an expression of the island's *śrī* (prosperity) that has drawn traders from across the ancient world for millennia.

Arrive at our coastal hotel in the late afternoon. Evening: Tova explores the story of the *Samudra Manthana* (the churning of the cosmic ocean), from which Lakṣmī first emerged – a story that mirrors the alchemical process of the retreat itself, churning forth beauty from the depths of practice.

**Overnight:** Southern coast (boutique hotel)

**Meals:** Breakfast, lunch, dinner



Sri Lanka's Southern Coast

## **Day 8 – February 19: Southern Coast – Yantra Intensive and Restoration**

### *The Art of Becoming*

A day dedicated to deepening both our artistic and spiritual practices. The morning begins with Tova’s teaching on Rādhā – Lakṣmī’s incarnation as the embodiment of divine love and sensual devotion – followed by a yoga practice designed to awaken vitality and the sweetness of being.

The remainder of the morning and afternoon are devoted to an intensive yantra workshop with Mavis. Participants refine their Lakṣmī Yantras, adding detail, deepening colour, and learning the finishing techniques that bring the sacred geometry to luminous life. Mavis provides one-on-one guidance, helping each participant understand how the yantra serves as a personal tool for meditation and manifestation.

Late afternoon at leisure – time to enjoy the beach, rest, or reflect. This day of relative stillness allows the teachings and experiences of the journey so far to integrate.

**Overnight:** Southern coast (boutique hotel)

**Meals:** Breakfast, lunch, dinner

## **Day 9 – February 20: Kataragama**

### *The Multi-Faith Pilgrimage*

After a gentle yoga practice with Tova and breakfast, we travel to **Kataragama** (approximately 2 hours), one of Sri Lanka’s most sacred multi-faith pilgrimage complexes, revered by Buddhists, Hindus, Muslims, and the indigenous Vēdda people alike. This extraordinary site embodies the syncretic devotion that characterises Lakṣmī worship on the island.

We visit the **Lakshmi Devalaya** within the Kataragama complex, where pilgrims from all traditions seek the goddess’s blessings for material and spiritual abundance. The atmosphere here is electric with devotion – a powerful experience of living worship that transcends sectarian boundaries.

We also visit the **Kiri Vehera** (the Milk-White Stūpa) and the Menik Ganga (River of Gems), where pilgrims traditionally bathe before entering the sacred precinct.

Evening: a special group *pūjā* ceremony at the temple, offering gratitude for the blessings of the journey.

**Overnight:** Kataragama area (hotel)

**Meals:** Breakfast, lunch, dinner



**Kataragama Sacred Pilgrimage Complex**

## **Day 10 – February 21: Return to Colombo – Completion and Celebration**

### *Churning Forth Śrī*

After breakfast, we begin our return journey to Colombo (approximately 5 hours), with a stop at the coastal town of Galle to visit the historic **Galle Fort**, a UNESCO World Heritage Site whose ramparts and colonial architecture offer a final vista of Lanka’s layered beauty.

Upon arrival in Colombo, we settle into our hotel before gathering for the final closing circle of reflection and sharing, drawing together the threads of mythology, philosophy, yantra, yoga and temple experience that have woven through the yātrā. We celebrate our collective journey with a special farewell dinner at a historic hotel.

**Overnight:** Colombo (4-star plus hotel)

**Meals:** Breakfast, lunch, dinner



Galle

## **Day 11 – February 22: Departure from Colombo**

### *Until We Meet Again*

After breakfast, transfer to Bandaranaike International Airport for your onward journey home. For those who wish to extend their time in Sri Lanka, Mystic Art Retreats can assist with arrangements.

We bid farewell with hearts full of śrī – the splendour, beauty, and abundance that Lakṣmī bestows upon those who seek her with sincerity, devotion, and an open heart.

**Meals:** Breakfast

## YOUR TEACHERS



**Tova Olsson** is a scholar of religion, author and yoga teacher with over 20 years of experience in education. She is appreciated for her deep knowledge, her ability to explain esoteric ideas and philosophical concepts in an accessible way, for her skilful storytelling, and heart led teaching method.

As a 'Scholar-Practitioner', she strives to combine an academic, critical understanding with the experience of a long-term practitioner, offering teachings that provide liberating knowledge - on many different levels. She holds a MA in Religious Studies and is currently working on her PhD, researching the construction of gender in contemporary Tantra in Europe. Tova is the author of *Yoga and Tantra: History, Philosophy and Mythology*, published by the renowned Motilal Banarsidass, as well as numerous academic articles. She also runs the online school Saraswati-Studies and is part of the teaching faculty on several international yoga teacher trainings, where she shares her passion for yogic and tantric philosophy and mythology. She is a senior faculty at Mystic Art

Retreats and this would be her fourth yātrā in a leadership position.



**Mavis Gewant, MA, CD, CLC** — Sacred Artist, Labour & Postpartum Doula, Birth Educator — is a devoted teacher and creator whose life's work flows at the intersection of art, spirituality, and the sacred cycles of birth. For over 30 years, she has shared her gifts as a painter and educator in the Harish Johari Tradition, illuminating the connection between creativity and the divine.

As a senior faculty member with Mystic Art Retreats, Mavis is a beloved guide for students around the world. Each year, she leads a Sacred Painting Workshop in India, where participants are invited into deep stillness, devotion, and self-discovery through sacred art. Her presence is gentle and steady — a sanctuary of compassion — as she holds space for her students and clients with profound

patience and care.

Believing that pregnancy, birth, and the postpartum journey are sacred gateways, Mavis earned her master's degree in Pre & Perinatal Psychology from the Santa Barbara Graduate Institute. For more than a decade, she has gently guided birth healing circles and shared her wisdom as a presenter at the APPPAH Birth Psychology Conference. Her devotion to the wellbeing of mothers, babies, and creative souls reflects her radiant embodiment of the Sacred Mother.

From childhood, Mavis felt that creating art opened a doorway to something vast and soulful within her. Trusting her inner voice, she followed her calling to New York City, where she studied at the School of Visual Arts and earned her BA in Visual Arts from SUNY Empire State College.

In her early twenties, destiny led her to meet Harish Johari, with whom she apprenticed for twenty transformative years. Under his loving guidance, she learned to paint Yantras, Mandalas, and Deity Forms — sacred geometric expressions of divine energy. Through this practice, Mavis deepened her communion with the sacred and found her purpose as a teacher, sharing the beauty and healing inherent in sacred art.

A master within the Harish Johari tradition, Mavis layers watercolour and gouache to create luminous images that resonate with devotion and balance. Her artwork is held in private collections around the world and graces several publications, including *The Planet Meditation Kit* by Harish Johari, *The Labyrinth of Birth* by Pam England, and *The Practice of Nada Yoga* by Baird Hersey. In 2016, she released her *Planet Mandala Colouring Book for Adults*, inviting all to experience the meditative joy of sacred creation.

Her most recent journey with Mystic Art Retreats, titled “Heart of Hanuman,” led participants through powerful temples of India, where they created the Hanuman Yantra — art as prayer, love, and devotion in motion.

Photo Credits below: Tova Olsson & Mavis Gewant taught at the Heart of Hanuman retreat together at Kainchi Dham (the abode of Neem Karoli Baba in 2024).



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## FEES & PRACTICAL INFORMATION

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*USD 3200 on single occupancy with installments available (single occupancy)*

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### Program Inclusions

- 10 nights' accommodation in 4-star plus or heritage hotels (single occupancy)
- All meals from dinner on Day 1 through breakfast on Day 11
- Bottled water provided daily
- Private air-conditioned coach for all group transportation
- Individual Airport Meet & Greet service at Colombo Airport
- All temple entrance fees and ceremony costs
- Daily teachings on Lakṣmī philosophy, mythology and yogic practices with Tova Olsson
- Lakṣmī Yantra instruction with Mavis Gewant
- All art materials for yantra creation
- Signed copies of Tova Olsson's book *Yoga & Tantra: history, philosophy and mythology*
- Temple blessing ceremony for completed yantras
- English-speaking local guides for cultural sites and temple protocol assistance
- All airport transfers on designated arrival and departure days

### Not Included

- International airfare to/from Colombo
- Travel insurance (strongly recommended)
- Personal expenses (shopping, spa treatments, laundry, etc.)
- Tips for guides, drivers, and hotel staff
- Additional art supplies purchased individually
- Visa fees for Sri Lanka

## REGISTRATION AND CONTACT INFORMATION

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This retreat is limited to 12 participants to ensure intimate group dynamics and personalised attention from Tova and Mavis. When you are on a Mystic Art Retreats tour, every detail is taken care of so you can relax and truly experience each moment. Airfare to Sri Lanka is not included in the price of your trip. Please contact your local travel agency or the airline directly to make any arrangements you may need.

To register or inquire about this transformative Lakṣmī immersion, please contact:

### **Mukul Purohit**

Executive Producer & Chief Executive

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## WEATHER & WHAT TO EXPECT

### **Climate in Sri Lanka**

Sri Lanka enjoys a tropical climate with warm temperatures year-round. The island's diverse geography – from coastal plains to central highlands – means conditions vary by region. The hill country around Nuwara Eliya is notably cooler, offering a refreshing contrast to the warm coast. Light, breathable clothing is recommended with a warm layer for evening temple visits in the highlands.

### **Temperature Range**

Coastal areas: 27–32°C (80–90°F)

Hill country: 15–20°C (59–68°F)

## WHAT PAST PARTICIPANTS SAY

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*“My first trip to India with Mystic Art Retreats was the perfect introduction to a country and culture I’d long wanted to experience. One part spiritual, one part artistic, the retreat had a profound impact on my spiritual path as well as the reclamation of myself as a creative person.” —S.A.*

*“Thank you so much... It was an amazing experience and I will cherish our adventure into this mystical & magical country. One of the highlights was the opportunity to be in such amazing company with beautiful like-minded people from around the globe. I personally would love to see everyone in another future retreat.”  
—A.F.*

*“I truly enjoyed my experience at this Retreat and thank you for making it all possible. It has been said one never steps in the same river twice, having made this crossing, I’ve come away with so much that will resonate for a very long time.” —  
M.K.*

*“I just wanted to pass on my deepest gratitude for our time with Maa Kamakhya. It was one of the most truly sacred and divine experiences of my life. The retreat was so beautifully held by you. Every moment was peaceful, blissful and we moved with such ease. I feel so blessed and cannot thank you enough for creating such a treasured time.” —A.C.*

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## THE MYSTIC ART RETREATS EXPERIENCE

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Mystic Art Retreats™ are transformative events held in locations of extraordinary beauty and power that expand consciousness, ignite delight, and elevate human potential.

These retreats typically focus on creative arts and indigenous crafts as a means for encouraging our treasured clients to renew their love of life and return home with an invigorated sense of purpose. Our events are designed to be inspiring and encouraging rather than restrictive or humbling. Beauty, delight, creative expression and spiritual wisdom are key components of every retreat.

The programming includes instruction in sacred art, fine art, and traditional spiritual practices. Immersive cultural experiences, healing connection to natural environments, and visits to locations imbued with spiritual power serve to give these teachings context and ensure our clients remain grounded. We are committed to fostering respectful and mutually beneficial connection to the cultures we visit.

The combination of intellectual stimulation, physical exertion, creative expression, and spiritual ceremony results in unforgettable moments of spiritual expansion. We believe that our retreats work best when we inspire in our participants a sense of wonder, awe, and delight in being exactly where they are in the present moment.

Transformation and spiritual growth happen naturally when we are encouraged to relax in sacred places; it is more powerful when mind, body, and spirit are marshalled together for the purpose of lasting benefit to oneself and our global community.

Our globally renowned experts from different sacred traditions host events at extraordinary venues that range from breathtaking palaces, venerable institutions, quaint rural stays, and natural stone homes. Old restrictive patterns of self-limitation are gently coaxed to unlock through skillful exposure to sensory delight, often through appreciation of traditional arts, visits to locations of glorious beauty, and exploring delicious local cuisine.

Each one of our events are unique; composed to suit our discerning clients, exceptional hosts, and spectacular locations.



Photo Credits below: Lakshmi Mandala by Mavis Gewant